LIGHT ABSORBENCY

TENA lights Sensitive

TENA lights Sensitive products:

- ✓ Fast absorbing protection for sensitive skin.
- ✓ Triple protection keeps women dry, secure and protected from odours.
- ✓ No fragrances or dyes in contact with skin.
- ✓ Breathable materials to care for intimate skin.

TENA lights Sensitive Light Liner

This is the smallest product in the range, and the first micro product of its kind. They are ultra absorbent but no thicker than a nail file.

Absorbency Droplets	Article Number	Pip Code	Packaging sku x pieces
2	761008	360-6068	5 x 28 (140)

TENA lights Sensitive Normal Liner

(Now also available in Duo and single wrapped packs)

Incredibly thin and discreet, only 3mm thick, the TENA lights Sensitive Normal liner offers complete security and protection. 5x drier than regular liners.

	Absorbency Droplets	Article Number	Pip Code	Packaging sku x pieces
Single	3	761109	360-6050	6 x 24 (144)
Duo	3	761148	398-8292	3x48 (144)
Single Wrapped	3	761008	368-4438	5 x 22 (110)

TENA lights Sensitive Long Liner (Now also available in Duo Pack)

The longest liner in the range, for that extra reassurance. Discreet, comfortable and fast absorbing. Locks in moisture and controls odour.

	Absorbency Droplets	Article Number	Pip Code	Packaging sku x pieces
Single	4	211174	368-4446	4 x 20 (80)
Duo	4	761818	397-8715	3 x 40 (120)

MODERATE ABSORBENCY

TENA discreet

TENA discreet pads:

- ✓ Up to 12 hours dryness, range allows choice that best suits individual absorbency needs
- ✓ Triple Protection from leaks, odour and moisture
- ✓ Single-wrapped for convenience and hygiene - ideal for transporting discreetly in a handbag or pocket
- ✓ Fresh odour control

TENA discreet Ultra Mini

The new asymmetric shape provides a more comfortable product along with quick absorption and fresh odour control. These small pads are a perfect choice for light bladder weakness.

Absorbency Droplets	Article Number	Pip Code	Packaging sku x pieces
2	760252	403-8501	6 x 20 (120))

TENA discreet Ultra Normal

Discreet and secure pad for light to medium bladder weakness.

	Absorbency Droplets	Article Number	Pip Code	Packaging sku x pieces
Single	3	760489	403-8527	6 x 12 (72)
Duo	3	760494	407-9125	3 x 24 (72)

TENA discreet Extra (Now also available in Duo Pack)

TENA discreet Extra is specially designed to give women a great feeling of everyday protection. They provide secure and discreet protection thanks to the Body Shaped DRYZone. High absorption keeps women dry. A perfect choice for moderate bladder weakness.

	Absorbency Droplets	Article Number	Pip Code	Packaging sku x pieces
Single	4	760502	259-4455	6 x 10 (60)
Duo	4	760509	341-0776	3 x 20 (60)

TENA discreet Extra Plus (Now also available in Duo Pack)

TENA discreet Extra Plus is specially designed for ultimate protection. Super secure with InstaDRY™ Zone. This draws liquid instantly away from the skin deep into the pad, giving a comfortable feeling and keeping women dry. A perfect choice for moderate bladder weakness.

	Absorbency Droplets	Article Number	Pip Code	Packaging sku x pieces
Single	4	761652	378-7405	6 x 8 (48)
Duo	4	761664	379-1423	3 x 16 (48)

TENA discreet Maxi

TENA discreet Maxi is specially designed for ultimate protection and is super secure with InstaDRY™ Zone and a close body fit. The unique InstaDRY™ technology draws liquid instantly away form the skin deep into the pad, gives a comfortable feeling and keeps women dry. A perfect choice for heavy bladder weakness.

Absorbency Droplets	Article Number	Pip Code	Packaging sku x pieces
5	760947	385-1946	6 x 6 (36)

MODERATE

Discreet Night

TENA discreet Night-time products:

- ✓ Specifically designed for night-time use

TENA discreet Maxi Night (Now also available in Duo Pack)

TENA discreet Maxi Night is specially designed to give women a good night's sleep. They are secure thanks to their specific shape, with extra length and width at the back for extra coverage and absorbency when women are lying down. A perfect choice for heavy bladder weakness at night-time.

	Absorbency Droplets	Article Number	Pip Code	Packaging sku x pieces
Single	6	760911	338-5952	3 x 6 (18)
Duo	6	760970	397-9044	3 x 12 (36)

MODERATE

Silhouette Blanc

TENA Silhouette Blanc products:

- ✓ Stylish low waist design with micro-stretch fabric and feminine, all-round pattern that make them look and feel just like regular underwear.

TENA Silhouette Normal Blanc

Just like underwear. Protects like TENA. Low waist underwear designed for moderate bladder weakness. The reliable absorbent core quickly locks in moderate leaks and protects against odours for incredible discretion. Available in sizes: M L

Absorbency Droplets		Article Number	Pip Code	Packaging sku x pieces
5	M	796012	401-5491	3 x 12 (36)
5	L	796010	401-5483	3 x 10 (30)

Silhouette Noir

TENA Silhouette Noir products:

- ✓ Noir underwear have a fashionable black colour both inside and outside for incredible discretion

TENA Silhouette Normal Noir (Low Waist)

Just like underwear. Protects like TENA. Low waist underwear designed for moderate bladder weakness. With a fashionable black colour both inside and outside as well as a reliable super absorbent core that quickly locks in moderate leaks and protects against odours for incredible discretion. The perfect choice for moderate incontinence. Available in sizes: M L

Absorbency Droplets		Article Number	Pip Code	Packaging sku x pieces
5	M	795510	409-4504	3 x 10 (30)
5	L	795616	409-4496	3 x 9 (27)

TENA Silhouette Plus Noir (High Waist)

Just like underwear. Protects like TENA. High waist underwear designed for moderate to heavy bladder weakness. With a fashionable black colour both inside and outside as well as a reliable super absorbent core that quickly locks in moderate leaks and protects against odours for incredible discretion. The perfect choice for moderate incontinence. Available in sizes: M L

Absorbency Droplets		Article Number	Pip Code	Packaging sku x pieces
5.5	M	703123	410-8148	2x9 (18)
5.5	L	703122	410-8163	2x8 (16)

MODERATE

Silhouette Crème

TENA Silhouette Crème products:

- ✓ TENA Silhouette Plus High Waist Crème women's underwear High waist underwear designed for moderate to heavy bladder weakness.

TENA Silhouette Plus Crème

Just like underwear. Protects like TENA. High waist underwear designed for moderate to heavy bladder weakness. With a chic crème colour both on the inside and outside they are elegant and beautifully discreet. Plus level absorbent core locks in even heavier leaks quickly and neutralises odours helping you stay fresh and feminine all day long. Available in sizes: M L

Absorbency Droplets		Article Number	Pip Code	Packaging sku x pieces
5.5	M	782509	404-3881	4 x 9 (36)
5.5l	L	782608	404-3899	4 x 8 (32)

MODERATE

TENA Pants Plus / Super / Maxi

TENA Pants Plus, Super and Maxi products:

- ✓ Are designed for men and women experiencing moderate to heavy bladder weakness
- ✓ Are white products with a Dual Absorption Zone
- ✓ Have side-seam openings for easy removal
- ✓ Triple leak protection

TENA Pants Plus

TENA Pants Plus, disposable pant for moderate to heavy bladder weakness that can be worn like everyday underwear.

Available in sizes: XS S M L XL

Absorbency Droplets		Additional Information		Article Number	Pip Code	Packaging sku x pieces
6	XS	Hips	50 - 70 cm	792339	387-1134	4 x 14 (56)
6	S	Hips	65 - 85 cm	792414	387-1233	4 x 14 (56)
6	M	Hips	80 - 110 cm	792569	220-9872	6 x 9 (54)
6	L	Hips	100 - 135 cm	792668	220-9880	6 x 8 (48)
6	XL	Hips	120 - 160 cm	792712	317-5064	4 x 12 (48)

TENA Pants Super

TENA Pants Super, disposable pant for heavy bladder weakness that can be worn like everyday underwear.

Available in sizes: S M L XL (NEW Size)

Absorbency Droplets		Additional Information		Article Number	Pip Code	Packaging sku x pieces
7	S	Hips	65 - 85 cm	793462	387-1241	4 x 12 (48)
7	M	Hips	80 - 110 cm	793512	296-6273	4 x 12 (48)
7	L	Hips	100 - 135 cm	793612	296-6281	4 x 12 (48)
7	XL	Hips	120 - 160 cm	793762	372-1917	4 x 12 (48)

TENA Pants Maxi

TENA Pants Maxi, disposable pant for heavy bladder weakness that can be worn like everyday underwear.

Available in sizes: M L XL (NEW Size)

Absorbency Droplets		Additional Information		Article Number	Pip Code	Packaging sku x pieces
8	M	Hips	80 - 110 cm	794510	373-8127	4 x 10 (40)
8	L	Hips	100 - 135 cm	794610	373-8135	4 x 10 (40)
8	XL	Hips	120 - 160 cm	794761	409-7838	4 x 10 (40)

OUR MORE ABSORBENT PRODUCTS

SKINCARE

TENA Wet Wipes

TENA Wet Wipes:

✓ TENA Skincare is a range of dermatologically tested products that help you better manage bladder weakness related skin issues.

TENA Plastic-Free Wet Wipes — ONLY AVAILABLE IN PHARMACY

These 3-in-1 soft and thick wipes are pre-moistened to cleanse, restore and protect in one simple step.

	Additional Information	Article Number	Pip Code	Packaging sku x pieces
TENA Wet Wipes	12 x 48 pieces	7997	346-9624	12 x 48 (576)

*Please note that the absorption capacity quoted is for guidance only and is not a technical rating.

TENA Bed

TENA Bed products:

✓ Are disposable protection for beds and chairs

TENA Bed

TENA Bed is a disposable pad for the hygienic protection of beds and chairs against accidental leakages. The absorbent core and waterproof plastic back-sheet provides maximum protection and hygiene. TENA Bed can also be used as a baby-changing mat. It is suitable for adults and children, and is now also available in a weekly pack of 7 pads.

Absorbency Droplets		Additional Information	Article Number	Pip Code	Packaging sku x pieces
5	Normal	60 - 90 cm White	770071	357-8713	3 x 7 (21)
6	Super	60 - 60 cm Green	770202	026-3038	4 x 30 (120)
7	Super	60 - 90 cm Green	770210	371-7618	3 x 26 (78)

TENA Flex / Slip

TENA Flex, Slip products:

✓ Are designed for men and women experiencing moderate to heavy bladder weakness

TENA ProSkin Flex — ONLY AVAILABLE IN PHARMACY

TENA ProSkin Flex offers both the security and flexibility of an all-in-one system, and the comfort and discretion of a pad product. The waist-belt can be re-sealed and is elasticated for a snug, secure fit. This product is easier to put on when the wearer is able to stand.

Available in 3 levels of absorbency in sizes: S M L XL

Absorbency Droplets		Additional Information	Article Number	Pip Code	Packaging sku x pieces
6	Plus S	Hips 50 - 80 cm Blue	730437	229-3819	3 x 30 (90)
6	Plus M	Hips 70 - 110 cm Blue	730430	285-2531	3 x 30 (90)
6	Plus L	Hips 85 - 125 cm Blue	723333	285-2549	3 x 30 (90)
7	Super S	Hips 50 - 80 cm Green	730446	229-3801	3 x 30 (90)
7	Super M	Hips 70 - 110 cm Green	730458	285-2556	3 x 30 (90)
7	Super L	Hips 85 - 125 cm Green	729281	285-2572	3 x 30 (90)
7	Super XL	Hips 105 - 155 cm Green	724980	320-1191	3 x 30 (90)
8	Maxi S	Hips 50 - 80 cm Lilac	730453	229-3793	3 x 22 (66)
8	Maxi M	Hips 70 - 110 cm Lilac	730434	285-2523	3 x 22 (66)
8	Maxi L	Hips 85 - 125 cm Lilac	729352	285-2515	3 x 22 (66)
8	Maxi XL	Hips 105 - 155 cm Lilac	725000	320-1209	3 x 22 (66)

✓ Are white products with an Odour Neutralizer™ system which neutralises potential odours for increased confidence

TENA ProSkin Slip — ONLY AVAILABLE IN PHARMACY

TENA ProSkin Slip is all-in-one protection, it can be re-fastened and adjusted for improving comfort, and is elasticated for a snug, secure fit. This product is easier to put on when the wearer is lying down.

Available in 3 levels of absorbency in sizes: XS S M L

Absorbency Droplets		Additional Information	Article Number	Pip Code	Packaging sku x pieces
6	Plus XS	Hips 40 - 60 cm White	710430	234-5924	3 x 30 (90)
6	Plus S	Hips 50 - 80 cm Blue	710530	085-6211	3 x 30 (90)
6	Plus M	Hips 70 - 110 cm Blue	710600	085-6187	3 x 30 (90)
6	Plus L	Hips 100 - 150 cm Blue	710700	085-6195	3 x 30 (90)
7	Super S	Hips 50 - 80 cm Green	711130	085-6203	3 x 30 (90)
7	Super M	Hips 70 - 110 cm Green	711201	085-6211	3 x 30 (90)
7	Super L	Hips 100 - 150 cm Green	711400	085-6229	3 x 30 (90)
8	Maxi S	Hips 50 - 80 cm Lilac	710824	220-9906	3 x 24 (72)
8	Maxi M	Hips 70 - 110 cm Lilac	710924	220-9922	3 x 24 (72)
8	Maxi L	Hips 100 - 150 cm Lilac	711024	220-9930	3 x 24 (72)

TENA Comfort / Fix

TENA Comfort and Fix products:

✓ Are designed for men and women experiencing moderate to heavy bladder weakness

✓ Should be worn together as a 2-piece product

TENA ProSkin Comfort — ONLY AVAILABLE IN PHARMACY

TENA ProSkin Comfort is a comfortable pad for people who require a high absorbency product and wish to continue using pads. The absorption layer takes in urine rapidly, keeping the skin dry, and the Odour Neutralizer™ system neutralises potential odours for increased confidence. The TENA ProSkin Comfort pad is a 2-piece product which should be held in place with TENA ProSkin Fix stretch pants. TENA ProSkin Comfort and TENA ProSkin Fix can be put on the wearer if they are standing up or lying down, and are easy to fit and change.

Available in 5 levels of absorbency.

Absorbency Droplets		Additional Information	Article Number	Pip Code	Packaging sku x pieces
5	Normal	Peach	752742	300-8380	3 x 42 (126)
6	Plus	Blue	752846	369-9584	2 x 46 (92)
7	Extra	Yellow	753040	370-4319	2 x 40 (80)
7	Super	Green	758136	388-5548	2 x 36 (72)
8	Maxi	Lilac	759128	218-0743	2 x 28 (56)

FOR MEN

TENA Men

TENA Men products:

✓ Are specifically shaped to fit the male anatomy and are designed for light to moderate bladder weakness

TENA Men Protective Shield

TENA Men Protective Shield locks in all drips and dribbles with its ultra-absorbent core and ensures men always feel dry and fresh. Unlike any other TENA Men product, it is black and only 3mm thick

Absorbency Droplets	Article Number	Pip Code	Packaging sku x pieces
1	750404	394-7439	3 x 14 (42)

TENA Men Absorbent Protector Level 1

TENA Men Level 1 is a thin and discreet product, only 5mm thick, absorbs light leaks and neutralises potential odours. Designed for a secure fit, it is so discreet that it is unnoticeable under clothes.

Absorbency Droplets	Article Number	Pip Code	Packaging sku x pieces
3	750658	289-3642	4 x 12 (48)

TENA Men Absorbent Protector Level 2

TENA Men Level 2 is an absorbent protector for light to moderate urine leakage. Soft and comfortable, only 7mm thick, with a highly absorbent core for extra protection. This product is unnoticeable under clothes.

Absorbency Droplets	Article Number	Pip Code	Packaging sku x pieces
4	750797	289-3634	3 x 10 (30)

TENA Men Absorbent Protector Level 3

TENA Men Level 3 offers maximum absorbency control against larger leaks - suitable for overnight use.

Absorbency Droplets	Article Number	Pip Code	Packaging sku x pieces
5	750856	394-7595	6 x 8 (48)

TENA Men Active Fit Pants

With a masculine cut, elastic waistband, and a breathable cotton-like feel, TENA Men Active Fit Pants Plus in navy blue feel like regular underwear. This men's incontinence underwear has a discreet fit and Plus level

Available in sizes: S/M (30-36) L/XL (34-40)

Absorbency Droplets		Article Number	Pip Code	Packaging sku x pieces
5.5	S/M	772509	404-3105	4 x 9 (36)
5.5	L/XL	772608	404-3113	4 x 8 (32)

TENA Men Pants Fit Pants

With a masculine cut, elastic waistband, and a breathable cotton-like feel, TENA Men Premium Fit incontinence striped design underwear has a discreet fit and Maxi level absorbency control for extra security against heavy urine surges.

Available in sizes: M/L L/XL

Absorbency Droplets		Article Number	Pip Code	Packaging sku x pieces
6	M/L	798309	404-3121	3 x 10 (30)
6	L/XL	798307	404-3139	3 x 8 (24)

TENA PRODUCT ADVICE CARD

November 2022 Edition

NEW LOOK PACKAGING, SAME TRUSTED PRODUCTS

TENA MEN Active Fit Pants and protectors are designed to fit securely for men, no matter what they're doing. With triple protection from leaks, odour and moisture. This means greater confidence for men and satisfied customers for you.

TENA MEN KEEP CONTROL